

Saint Andrew Orthodox Church



September 19, 2021

Sunday After the Elevation of the Precious and Life-Giving Cross

**Diocese of Los Angeles and the West
Antiochian Orthodox Christian Archdiocese of North America**

Father Josiah Trenham, Pastor

Father Joseph Corrigan

Protodeacon Elias Khoury

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Greek Orthodox Patriarchate of Antioch and all the East

Divine Liturgy

Today's Hymns and Readings for Your Participation in the Divine Liturgy

Apolytikion of the Resurrection

Tone 4

Having learned the joyful message of the resurrection from the angels, the women disciples of the Lord cast from them their parental condemnation, and proudly brought the news to the apostles saying, "Death has been spoiled. Christ God is risen, granting the world Great Mercy."

Apolytikion of the Elevation of the Precious and Life-Giving Cross

Tone 1

O Lord save Thy people and bless Thine inheritance, granting to Thy people victory over all adversaries, and by the power of Thy cross, preserving Thine estate.

Apolytikion of St. Andrew-Tone 4

O Andrew first-called of the Apostles, brother of Peter the first-enthroned, intercede with the Master of all to grant peace to the world and great mercy to our souls.

Kontakion of the Elevation of the Precious and Life-Giving Cross

Tone 4

Do Thou, Who of Thine own good will was lifted up upon the Cross, O Christ our God, bestow Thy bounties upon the new Nation which is called by Thy Name; make glad in Thy might those who lawfully govern, that with them we may be led to victory over our adversaries, having in Thine aid a weapon of peace and a trophy invincible.

Prokeimenon

How magnified are Thy works, O Lord. In wisdom hast Thou made them all. Bless the Lord, O my soul.

The Reading from the Epistle of St. Paul to the Galatians (2:16-20)

Brethren, knowing that a person is not justifi-

fied by the works of the Law, but through faith in Jesus Christ, even we have believed in Jesus Christ, that we might be justified by faith in Christ, and not by the works of the Law; for by the works of the Law shall no flesh be justified. But if, while we sought to be justified in Christ, we ourselves also were found sinners, is Christ then a minister of sin? God forbid! For if I build up again those things which I destroyed, I prove myself a transgressor. For I through the law died to the law, that I might live to God. I have been crucified with Christ, nevertheless I live, yet not I, but Christ lives in me; and the life which I now live in the flesh I live by the faith of the Son of God, who loved me, and gave Himself up for me.

The Reading from the Holy Gospel according to St. Mark (8:34-9:1)

The Lord said, "If any man would come after Me, let him deny himself and take up his cross and follow Me. For whoever would save his life will lose it; and whoever loses his life for My sake and the Gospel's will save it. For what does it profit a man, to gain the whole world and forfeit his soul? For what can a man give in return for his soul? For whoever is ashamed of Me and of My words in this adulterous and sinful generation, of him will the Son of man also be ashamed, when He comes in the glory of His Father with the holy angels." And He said to them, "Truly, I say to you, there are some standing here who will not taste death before they see the Kingdom of God come with power."

Megalynarion for St. Andrew -Tone 8

Of the apostolic choir of the Lord, thou was first, O blessed one, to be called and to follow Him. With thy brother Peter, O Andrew thou didst leave all to preach Christ to all nations that all may praise His name.

Service Schedule—September 19th

Mon., 20 th	8:10am	Orthros for the Holy Great Martyr Eusathios, and Theopiste his wife, and their sons Agaius and Theopistus
Tues., 21 st	8:10am	Orthros for Leave-Taking of the Exaltation of the Precious and Life-Giving Cross and Holy Prophet Jonah
Wed., 22 nd	8:10am 6:00pm	Orthros for the Holy Hieromartyr Phocas, Bishop and Wonderwork Vespers for the Conception of the Holy and Glorious Prophet, Forerunner and Baptist John. The lectures series <i>Male and Female: Orthodox Reflections on Transgenderism</i> will follow with Family Night meal.
Thu., 23 rd	8:10am	Orthros for the Conception of the Holy and Glorious Prophet, Forerunner and Baptist John
Fri., 24 th	7:00am 7:30am	Orthros Liturgy for the Holy and Great Proto-martyr Thekla, Equal to the Apostles; Righteous Father Silouan the Athonite
Sat., 25 th	5:30pm	Great Vespers
Sun., 26 th	9:00am 10:00am	Orthros Divine Liturgy – The Holy and Glorious Apostle and Evangelist John the Theologian

Male & Female

Reflections on Transgenderism

Father Josiah Trenham



St. John Chrysostom
Catechetical School
is happy to announce a new
lecture series.

Next Class September 22nd

Family Night meal will be served

Agape Hour—After Liturgy on Sunday mornings on the basketball court

Parish Bookstore—Closed during hall renovation

Coffee and Donuts with Prez—Sunday mornings following Liturgy

Young adults gather at home adjoining temple parking lot...

Homeless Meals—Every Saturday

Meet at Hulen Shelter at 5am to prepare breakfast. Breakfast served at 6am.

To sign up go to: <https://docs.google.com/spreadsheets/>

[d/1bNlFU6ydDT7wgQoelt2blohF11rVviBAyxvCNvZhAEQ/edit?usp=sharing](https://docs.google.com/spreadsheets/d/1bNlFU6ydDT7wgQoelt2blohF11rVviBAyxvCNvZhAEQ/edit?usp=sharing)

To learn more email Subdeacon Raphael at: sbdcnraphael@gmail.com

Moms, Grandmothers, Godmothers Breakfast Club—4th Saturdays

Following Liturgy, Akathist for children, pot luck breakfast. Bring your prayer list!

Book Club—2nd Tuesdays of the Month at 7pm in office.

We are so Blessed!

Our beloved Father Joseph has increased the amount of pastoral support he provides to our parish in the face of Father Thomas leaving to pastor a mission in St. George, Utah. In addition to hearing confessions, doing house blessings, making hospital visits and just being there for us, he and Kh. Robin have now arranged to stay at a home on Saturday evenings so he can provide pastoral services for Great Vespers and Sunday morning Liturgy – Father Joseph and Kh. Robin live in the high desert more than an hour away from us. Father Josiah wants us to remember that Father Joseph has served as a pastor for decades and is now retired. We must be careful not to over tax him as he reaches out and generously gives of his time and service to our parish.

Prayer Requests

Prayers for the living will be retained on the list for 40 days. For exceptions, see Father Josiah.

Living

- Suzanne Rombach, recovery from surgery
- Adam Khoury, health
- Winifred Maiden-Elliott, health
- Sandy Anders, recovery from major abdominal surgery
- Shawna Jackson, recovery from brain surgery
- Mary Birouty, health
- Shota Abesadze, health
- Gina Bernard, health
- Mariam Astena Ellen, health
- Nicolas Hensley, health
- Mary Crumpler, health
- Antonia Loni Ounanian, health
- Harold Thomas, health

- Seminarian Joseph and Marina Thornburg, Isaac and Elizabeth
- Maria Newton, health
- Josiah Yarber, health
- Jude Harvey
- Mark Costin
- Nectarios Politis

Departed

- + Metropolitan Jonah of Uganda, newly reposed
- + Kh. Helen Ashie, newly reposed
- + Shadi Dabboura, brother-in-law of Adam Lasad, newly reposed
- + Cathie Mae Taylor, newly reposed
- + Timothy Jordan Moen, newly reposed
- + Jody Joris 2019

Mabrouk! Many Years! Khronia Polla!

Name Days

Sept. 21-Holy Prophet Jonah-Jonah

Maurice Khoury, Jonah David Sparrow

St. Jonah the Presbyter-Jonah Barker

Sept. 24-St. Thekla-Thekla Grace

Dabboura, Thekla Norma Fleming, Thekla Angela Jones

St. Silouan-Silouan David Buckley

Birthdays

Sept. 20-Jim Anders, Nicholas Hensley, Tamar Gvelesiani Ibrahim, Josiah Stevens, Gloria Venezia

Sept. 21-Mildren Diana Parsons

Sept. 22-Camille Perrine

Sept. 23-Nicodemus Cody Porcu

Sept. 24-Isaac Kelley, Sebastian Shannon

Anniversaries

Sept. 25-David and Anna Jaclyn Romano

Prayer for our Catechumens

◇ Anderson, Cecilia	◇ Estrada, Amariah	◇ Knight, Amanda	◇ Skelham, James
◇ Archuleta, Alexander	◇ Estrada, Gabriel	◇ Knight, Heaven	◇ Spurling, Symeon
◇ Archuleta, Ariel	◇ Estrada, Gabriel (II)	◇ Knight, Skyler	◇ Tovar, Miguel
◇ Baker, Audrey	◇ Estrada, Hazael	◇ Knight, Novah	◇ Tovar, Sandra
◇ Berlino, Alyssa	◇ Estrada, Joy	◇ Knight, Summer	◇ Trujillo, Valerie
◇ Burton, Tobias	◇ Estrada, Natalee	◇ Knight, Rival	◇ Venezia, Gloria
◇ Campos, Dean	◇ Estrada, Sophia	◇ Laguna, Ethan	◇ Venezia, Mike
◇ Cervantes, Eric	◇ Estrada, Zoe	◇ Laguna, Valerie	◇ Weimann, Wendy
◇ Coppola, Andrew	◇ Estrada, Simon	◇ Laguna, Amadeus	◇ Yarber, Azariah
◇ Cords, Aislynn	◇ Flores, Estevan	◇ Lewko, Taylor	◇ Yarber, Joseph
◇ Cords, Allison	◇ Hartsock, Nolan	◇ Murray, Micah	◇ Yarber, Josiah
◇ Cords, Jonathan	◇ Holter, Sakeri	◇ Nixon, Daniel	◇ Yarber, Micaela
◇ Cords, Joshua	◇ Hope, Brandon	◇ Saenz, Leo	
◇ Elliott, Sean	◇ Jun, Edward	◇ Sanchez, Jorge	

The Vigil Begins September 22nd



The 40 Days for Life campaign starts September 22nd. Please plan to be a part of this year's vigil to pray to end abortion!

Signs ups will be on the temple terrace today following liturgy or you can go to 40daysforlife.com/riverside. We need your presence and prayers on the sidewalk to help end abortion.

The 40 Days Fall Kickoff will be September 19th, at 2:00 at Planned Parenthood located at 3772 Tibbetts St. in Riverside. Please make plans to come and be encouraged and get your signs and materials for the campaign.

See Maggie Simmons for any questions or email her at: amaggiagir@sbcglobal.net

New Convenient Ways to Give!

Digital payment platforms allow the church to accept tithes, general donations, or specific donations for any ministry. Please make note in memo, where you want your donation allocated to.

Zelle for Church :
Treasurer@saintandrew.net

Venmo for Church:
[@standreworthodox](https://www.venmo.com/standreworthodox)

Welcome to Our Visitors

We are delighted to have you join us at our service today in worshiping the Holy Trinity. Please take a moment after the service to introduce yourself to our pastor, Fr. Josiah. You are cordially invited to join us for the Agape Meal after services. We would love to greet you and to answer any questions you may have about our church. If you are not Orthodox Christian, please do not approach the chalice during the distribution of Holy Communion. If you are an Orthodox Christian, please note that Communion must be prepared for by fasting, reconciliation, and recent confession.

Please Read this Important Notice about Changes to Our Parish Life

Over the past few years, we have been blessed by the presence of our assistant pastor, Father Thomas Hernandez. Because he has been here to share pastoral responsibilities with Father Josiah, we have had generous opportunities to pray together, confess and meet with a priest for pastoral counsel. With his leaving, we of necessity must make some adjustments, especially as we are starting an Academy and two major building projects which require pastoral investment of many, many hours per week. Fr. Josiah made these commitments on the assumption of Fr. Thomas' continuing pastoral ministry here at St. Andrew. With Fr. Thomas' sudden departure to southern Utah Fr. Josiah finds himself for at least the next six months in a quandary in which there simply will not be enough hours in the day for Father to complete our academy launch and building projects and to take up the slack of pastoral responsibilities attending Father Thomas' departure. Fr. Josiah asks for everyone's patience and prayers in a special way from now until Holy Pascha 2022.

Changes to our Service Schedule

- Daily Orthros begins. When the Academy opens and is in session, Father Josiah will pray Orthros on every weekday - Monday through Friday - from 8:00am to 8:30am. You are all invited to this service.
- Vespers will no longer be prayed each weekday but will be only on Wednesday and Saturday evenings.
- We will have Saturday morning Liturgies during Advent and Great Lent and on special feast days as we used to do before Fr. Thomas' ordination to the priesthood – the Divine Liturgy will no longer be every Saturday.

Changes to Opportunities for Confession

Confessions will be held starting 30 minutes before Vespers (5:30pm) on Wednesdays and 1 hour before Great Vespers (4:30pm-5:30pm) on Saturdays. Because there will often be only one priest, confessions may not continue through these prayer services, and may not be available following these services depending on scheduled classes and baptisms.

Sunday morning there will be an effort to provide confessions during Orthros, but this will depend on pastoral availability on Sunday morning. Don't count on this time until we get a replacement priest.

Please Consider Those in Line for Confession

Many people line up hoping to receive confession before services. It is critical that people coming for confession spend time preparing before they arrive, making sure their confession is concise and won't take longer than two or three minutes. It is best to have a written list and follow it. Confession and counseling are distinct. They are not the same thing. If a person feels a need for pastoral counseling beyond their confession, please contact the office for an appointment. If individuals can't come to confession at these scheduled times, they can contact the office for an appointment for confession.

Pastoral Appointments

Father Josiah has set aside two blocks of time during the week for pastoral care appointments. These blocks of time are Tuesday and Thursday from noon to 4:00pm. Contact the office to make an appointment. If you are unable to come in on a Tuesday or Thursday afternoon, let the secretary know and she will try to find a way to accommodate you.

Who will replace Fr. Thomas?

At this time no discussions have been made for a replacement. Fr. Josiah is in discussion with the parish council about this matter, making sure that we have all necessary preparations for a new assistant priest in the future. Fr. Josiah does not expect a replacement in the next 12 months.

Your Prayers

We are hoping that in God's good time, He will provide us with an assistant pastor, and make it possible for us to expand schedules for services and other pastoral care. Please pray for God to strengthen Father Josiah as he labors for all of us – visiting us in hospitals, bringing us the Holy Gifts when we are shut in at home, praying for us, studying and preparing our edifying homilies and lecture series, serving Divine Liturgy and all of the other countless things he does for us day in and day out.

**Antiochian Orthodox Christian Archdiocese of North America
DIOCESE OF LOS ANGELES AND THE WEST 2021**

Fall Gathering October 8-10, 2021

With the Blessing of Metropolitan JOSEPH

**Hosted by: St. JOHN THE EVANGELIST ORTHODOX CHURCH
501 Moraga Way Orinda, CA 94563**

925-258-4255 <https://stjohnorinda.org/> kimberlynicola@gmail.com

**YOU CAN REGISTER ONLINE <https://fallgathering2021.eventbrite.com>
OR COMPLETE THE FORM BELOW**

Name: _____ Address: _____

Phone: _____ Mobile: _____

Email: _____

Home Parish, City, State:

NOTE: \$30 Registration fee is mandatory for all attendees

Registration includes: Friday light dinner, Saturday continental breakfast and Saturday lunch.

Please indicate SOYO, Antiochian Women, Young Adults or Clergy

First and Last Name Print clearly please	SOYO AW Young Adults Clergy	Registration \$30	Arrival: Friday or Saturday	\$25 Saturday dinner Mexican Dinner	Total
Total Amount Due:					

Payments can be made via PayPal: Or by check to "St. John the Evangelist Orthodox Church" with the note "Fall Gathering."

Mail to: St. John the Evangelist Orthodox Church, Orinda, CA 94563

ACCOMMODATION OPTIONS

- We have a contracted rate of \$149 per night at the Residence Inn by Marriott – Walnut Creek (8.8mi from church) *Parking Fee of \$20 per day with in and out privileges *Full Buffet Breakfast Included.
- 2050 N. California Blvd. Walnut Creek, CA 94596 Please book your room by 09-29-2021 Other hotels in the area: Walnut Creek Marriott - \$179 per night + tax – 9.5mi from church
- Embassy Suites by Hilton Walnut Creek - \$179 per night + tax – 10.8mi from church Concord Clarion Hotel - \$144 per night + tax – 13.7mi from church

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Diocese of Los Angeles and the West**

2021 Fall Gathering October 8-10, 2021

With the blessing of His Eminence, Metropolitan JOSEPH

Schedule

Friday, October 8, 2021

Welcome, Check-in/Registration

5:30 PM Vespers

6:30 PM Evening Social with Appetizers and Desserts

Saturday, October 9, 2021

Morning Prayers/Breakfast/Check-in/Registration 8:00 AM

Meetings 9:30 AM to 1:00 PM

Lunch 1:00 PM

Optional Activities or Free Time: 2:00-4:30 PM

- Lafayette Reservoir Walk/Hike
- Shopping downtown Walnut Creek (on your own)

Vespers 5:00 PM Fellowship

Dinner at St. John's - El Paisa (Mexican) 6:30 PM \$25.00 per person

Sunday, October 10, 2021

Orthros and Hierarchical Divine Liturgy 9:00 AM

Light Lunch 11:30 AM

COVID-19: The health and safety of all attendees is our #1 priority. Per county guidelines, masks will be REQUIRED while indoors. Masks and hand-sanitizer will be readily available on-site, and we will be adhering to social distancing guidelines where possible.

A Word of Wisdom from the Holy Fathers

For God to help, one must have a desire to struggle. And when we say a desire to struggle, we mean that one must be willing to make some effort to overcome his particular weakness. If God sees even a little true will he provides abundant help for man, He sends His Grace in great abundance. + *St. Paisios of Mt. Athos*

Only struggle a little more. Carry your cross without complaining. Don't think you are anything special. Don't justify your sins and weaknesses, but see yourself as you really are. And, especially, love one another. + *Fr. Seraphim Rose*